

## ICE RULES – A GUIDE FOR SAFETY

1. Everyone should be aware that skaters vary in size, age and skill levels, as well as different interests ranging from stroking to dame and free style.
2. Courtesy and good common sense should be used by all.
3. All moves, dance and free style, including jumps and spins, particularly camels, should be done with adequate space for safety. Everyone should exercise caution in using the corners where free style skaters may be practicing the Lutz, the Flip and other difficult jumps.
4. Skaters should avoid stationary conversations on the ice, especially in the areas normally for dance patterns and free style jumps and spins.
5. The music Committee will arrange to play selections for free style and dance skaters during our sessions. Skaters with special requests should contact a member of the Music Committee at the beginning of the sessions and, if necessary, provide a tape cassette or compact disc (CD) with the musical program properly recorded.
6. When dance music is playing, those skating the prescribed dance pattern should be given the right of way. The other skaters should be aware of the patterns and yield to the dancers. A warning "PATTERN" should be used by the dancers when other skaters interfere with the pattern of the announced dance.
7. When free style music is playing, all skaters should be prepared to give way and allow sufficient room for free style skaters to perform jumps and spins, especially near the center of the rink. Those not skating free style should stay closer to the boards along the outside of the rink.
8. The group instruction will be held in the "coned-off" section of the ice at the end of the rink. Those not taking part in the group instruction should not skate through the cones and into the area designated for group instruction.
9. Skaters performing moves in the field should be given the right of way along the inside track for the first part of the club sessions.
10. Skaters practicing programs for upcoming tests and competitions should be given the right of way on the ice when their music is announced and played.
11. The use of safety equipment and protective gear is encouraged.
12. Skaters are not allowed to use walkman-type portable music equipment with earphones on the ice during club sessions.
13. The Rules and Ice Committee will have responsibility for enforcing the rules, demeanor and safety at all club sessions.

- The Rules and Ice Committee

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